Hi Lordshillers! I just wanted to introduce myself as your Ladies captain.

A little about me, my name is Antonia but most call me Toni, I have been running for nearly 4 and a half years and I have been a member of the club since February 2019. My favourite running memory was when I ran The London Marathon last year, the atmosphere was electric and it had always been a dream of mine! I look forward to seeing you at some races soon! Happy running =]

