

Gabi Cook, Club Secretary

As club secretary I act like an interface between Lordshill club members, non-members and the committee and/or relevant contacts. So for any queries you might have, I can usually help or point you in the right direction. I also book venues, take minutes at our committee meetings and make sure our members receive these as well as keeping everyone informed of any other updates and important matters.

I dabbled in cross country running when I was a teenager and did not really get into running again until 2016 and then joined Lordshill Road Runners in 2018. I love being part of a great community of runners: whether that's catching up with running buddies on a social run, enjoying a post-run coffee/cake/pint or discovering my competitive streak at various races. My running highlights include: being overtaken by the Red Arrows whilst running the Great North Run; a LRR club trip to Amsterdam partaking in the half marathon and a bit of sightseeing and finally running my first marathon in Brighton in 2021.

Besides running, thinking about running and checking Strava I work as a Psychological Therapist for a local mental health service, enjoy live music and I do like a potter in the garden.

