

Lordshill 2019 10km Entries (as of 13th May)

Entry numbers per club

Club	Num.Entries
Alton Runners	17
Andover AC	8
Bad Boys Running Club	1
Blackwater Valley Runners	4
City Of Portsmouth AC	2
City Of Salisbury AC & RC	77
Denmead Striders	24
Eastleigh RC	27
Fareham Crusaders Running Club	37
Farnham Runners	18
Gosport Road Runners	24
Halterworth Harriers	4
Hamwic Harriers	1
Hardley Runners	12
Hart Road Runners	4
Hedge End Running Club	57
Holly Hill Runners	1
Isle Of Wight RR AC	9
Itchen Spitfires Running Club	21
Liss Runners	7
Lonely Goat RC	1
Lymington Triathlon Club	1
Meon Valley Runners	4
Netley Abbey Runners	12
New Forest Runners	8
Newport and District RC	1
OS Runners	9
Overton Harriers & AC	13
Poole AC	1
Portsmouth Joggers	9
Reading Roadrunners	1
Romsey Road Runners	5
Royal Engineers RC	1
Ryde Harriers	6
Solent Running Sisters	4
Southampton Athletic Club	7
Stubbington Green Runners	24
Sweatshop Southampton	1
Totton RC	34
Vegan Runners UK	15
Vegetarian Cycling & AC	1
Victory AC	24
Westbourne R C	9
Westbourne RC	1
Wimborne AC	1
Winchester & District AC	26

Entries

If you have entered via Let's Do This and your club is not listed, please contact the race secretary: lrr_race_sec@outlook.com

Last.Name	First.Name	Gender	Running.Club
Abrams	Darren	Male	
Aked	Kirsty	Female	Denmead Striders
Amber	Joe	Male	Hedge End Running Club
Ambrose	Neil	Male	Farnham Runners
Anderson	Suzanne	Female	Blackwater Valley Runners
Andrews	Graham	Male	Itchen Spitfires Running Club
Anetts	Timothy	Male	Hardley Runners
Anna	Anna	Female	
Appleby	Scott	Male	
Arbury	John	Male	Alton Runners
Arbuthnot-Smith	Emily	Female	Overton Harriers & AC
Armitage	Jim	Male	Alton Runners
Armstrong	Natasha	Female	Portsmouth Joggers
Armstrong	Gary	Male	Denmead Striders
Arnold	Christopher	Male	
Arnold	Martyn	Male	Fareham Crusaders Running Club
Ashdown	Simon	Male	Southampton Athletic Club
Ashton	Lucy	Female	
Ashton	Neil	Male	
Aspinall	George	Male	Fareham Crusaders Running Club
Avery	Joanna	Female	Hardley Runners
Ayre	Paul	Male	
Backhouse	Paul	Male	Eastleigh RC
Bacon	Patricia	Female	Alton Runners
Bacon	Richard	Male	Alton Runners
Baggs	William	Male	Hedge End Running Club
Bailey	Steve	Male	Farnham Runners
Bailey	Clair	Female	Farnham Runners
Bailey	Nick	Male	Denmead Striders
Baker	Emma	Female	Vegan Runners UK
Baker	Alice	Female	Vegetarian Cycling & AC
Baker	David	Male	Vegan Runners UK
Baker	Stuart	Male	
Bala	Rachel	Female	City Of Salisbury AC & RC
Balch	Paula	Female	Hedge End Running Club
Baldo	Osama	Male	Hart Road Runners
Baldwin	Colin	Male	Alton Runners
Balfour	Kevin	Male	Eastleigh RC
Bannan	Frank	Male	New Forest Runners
Barham	Melissa	Female	Stubbington Green Runners
Barlow	Rob	Male	Totton RC
Barlow	Robbie	Male	Totton RC
Barrett	John	Male	Gosport Road Runners
Bartlett	Lucy	Female	Fareham Crusaders Running Club
Bartram	David	Male	
Beadle	Victoria	Female	Victory AC

Bean	Jonathan	Male	Southampton Athletic Club
Beattie	Ian	Male	Fareham Crusaders Running Club
Beaven	Louise	Female	Liss Runners
Becheley	Dominique	Female	Meon Valley Runners
Bellows	Wayne	Male	Itchen Spitfires Running Club
Bendoni	Laura	Female	
Bennett	John	Male	
Bennett	Fran	Female	Fareham Crusaders Running Club
Bennett	Catty	Female	
Bennion	Mark	Male	Fareham Crusaders Running Club
Bennion	Jo	Female	Fareham Crusaders Running Club
Benson	Lee	Male	
Berwick	Alex	Male	NA
Berwick	Marcus	Male	NA
Beverley	Liz	Female	
Bidmead	Richard	Male	City Of Salisbury AC & RC
Birch	Peter	Male	Portsmouth Joggers
Bishop	Graham	Male	Eastleigh RC
Blackledge	Samantha	Female	Portsmouth Joggers
Blake	Terry	Male	Alton Runners
Blyth	Douglas	Male	Farnham Runners
Boardman	Charlotte	Female	City Of Salisbury AC & RC
Bonaer	Helen	Female	Itchen Spitfires Running Club
Booth	Melanie	Female	Netley Abbey Runners
Booth	Stuart	Male	Eastleigh RC
Bordry	Jerome	Male	Hedge End Running Club
Bowers	Ian	Male	Hedge End Running Club
Bowyer	Samantha	Female	Totton RC
Bracey	Helen	Female	Farnham Runners
Bracher	Lara	Female	
Bradford	Warren	Male	
Bradley	Ian	Male	Hedge End Running Club
Bradley	Ben	Male	
Brett	Steve	Male	Andover AC
Brett	Jenni	Female	
Brewster	Michael	Male	City Of Salisbury AC & RC
Brewster	Sarah	Female	City Of Salisbury AC & RC
Bridgeman	Mike	Male	Hedge End Running Club
Bridges	Louise	Female	Fareham Crusaders Running Club
Broadley	David	Male	Poole AC
Brodie	Chuenchai	Female	
Brooks	Mark	Male	Fareham Crusaders Running Club
Brooks	Samuel	Male	
Brooks	Carl	Male	
Brooks	Chris	Male	Hedge End Running Club
Brothers	Katie	Female	Overton Harriers & AC
Brown	Lesley	Female	City Of Salisbury AC & RC
Brown	Lesley	Female	City Of Salisbury AC & RC
Brown	Neil	Male	Winchester & District AC
Bruce-Low	Annie	Female	Hardley Runners
Buck	Matt	Male	

Bulpitt	Eddie	Male	OS Runners
Burch	Alice	Female	Totton RC
Burgess	Alan	Male	Vegan Runners UK
Burrough	Simon	Male	Denmead Striders
Burrows	Michael	Male	
Butler	Michelle	Female	Victory AC
Butler	Andrew	Male	
Butler	George	Male	Isle Of Wight RR AC
Callister	Melissa	Female	Winchester & District AC
Campbell	Mark	Male	Hamwic Harriers
Cannon	Steve	Male	Newport and District RC
Capps	David	Male	
Capps	Anju	Female	
Capps	Andrew	Male	
Carey	Jayne	Female	Eastleigh RC
Carlton	Helen	Female	City Of Salisbury AC & RC
Cavolick	Carly	Female	New Forest Runners
Cavolick	Dan	Male	New Forest Runners
Chalk	Chris	Female	
Chamberlain	Katherine	Female	Stubbington Green Runners
Chan	Susie	Female	Farnham Runners
Chandler	Christian	Male	City Of Salisbury AC & RC
Chenery	Elizabeth	Female	
Chester	Christopher	Male	Hedge End Running Club
Cheyney	Matthew	Male	Denmead Striders
Chinmock	Harriet	Female	Itchen Spitfires Running Club
Chlebowski	Jacqueline	Female	City Of Salisbury AC & RC
Chlebowski	Carol	Female	City Of Salisbury AC & RC
Choudhury	Rubayat	Male	Fareham Crusaders Running Club
Claridge	Angela	Female	Gosport Road Runners
Clark	Jeffrey	Male	Meon Valley Runners
Clarke	Vicki	Female	Hardley Runners
Clarke	James	Male	Farnham Runners
Clarke	Graham	Male	Denmead Striders
Clarke	Terry	Male	Overton Harriers & AC
Cleeve	Aaron	Male	Hedge End Running Club
Clift	Jonathan	Male	
Clodfelter	Anna	Male	Gosport Road Runners
Clow	Stephen	Male	Alton Runners
Clow	Jim	Male	Victory AC
Coady	Sophie	Female	Totton RC
Cole	Steve	Male	
Cole	Liz	Female	OS Runners
Cole	Clare	Female	
Cole	Marc	Male	Southampton Athletic Club
Colling	Frankie	Female	Eastleigh RC
Collins	Daniel	Male	
Collins	Chris	Male	Hedge End Running Club
Collis	John	Male	Liss Runners
Connors	Paddy	Male	Itchen Spitfires Running Club
Cook	Sarah	Female	Netley Abbey Runners

Coole	Judith	Female	Westbourne R C
Corbett	Mary	Female	Eastleigh RC
Corbin	Adam	Male	Westbourne R C
Corbin	Toby	Male	Netley Abbey Runners
Cornwall	Joseph	Male	City Of Salisbury AC & RC
Cornwell	Chris	Male	Denmead Striders
Corps	Darren	Male	Victory AC
Cosgrove	Jhon	Male	Vegan Runners UK
Costello	Jane	Female	Hedge End Running Club
Cousins	Grace	Female	City Of Salisbury AC & RC
Cowan	Alan	Male	Hedge End Running Club
Cox	Dawn	Female	Vegan Runners UK
Coxhill	Yvonne	Female	Hedge End Running Club
Cramp	Christopher	Male	Farnham Runners
Crawley	Anita	Female	Denmead Striders
Cross	Richard	Male	Romsey Road Runners
Crosswell	Kimberly	Female	Hedge End Running Club
Crosswell	Stewart	Male	Hedge End Running Club
Cully	Tom	Male	Southampton Athletic Club
Cunliffe	Neil	Male	Hart Road Runners
Cunningham	Mark	Male	Netley Abbey Runners
Curtis	Joanna	Female	Winchester & District AC
Cutler	Jane	Female	City Of Salisbury AC & RC
Dagnell	Rachel	Female	
Davey	Shaun	Male	Netley Abbey Runners
Davidson	Richard	Male	City Of Salisbury AC & RC
Davies	Jordan	Male	Andover AC
Davies	Steve	Male	Totton RC
Deacon	Jeff	Male	Eastleigh RC
Deacon	Claire	Female	Eastleigh RC
Delicate	Lisa	Female	Fareham Crusaders Running Club
Delicate	Dave	Male	Fareham Crusaders Running Club
Deller	Sarah	Female	Fareham Crusaders Running Club
Dewey	Chris	Male	Andover AC
Diaper	Rachel	Female	
Diaper	Matthew	Male	
Dickson	Lloyd	Male	Winchester & District AC
Dilley	Cath	Female	Stubbington Green Runners
Dillon	Victoria	Female	
Dimblebee	Rebecca	Female	Fareham Crusaders Running Club
Dineen	Helen	Female	
Dixey	Natalie	Female	
Dixon	Zena	Female	
Dodkin	Teresa	Female	
Dodkin	Ian	Male	Totton RC
Doherty	Chris	Male	
Dolman	Dean	Male	Fareham Crusaders Running Club
Dolman	Rachel	Female	Fareham Crusaders Running Club
Doney	Alan	Male	
Donovan	Fiona	Female	Solent Running Sisters
Doughty	Peter	Male	Westbourne R C

Dowling	Gillian	Female	Gosport Road Runners
Doyle	Peter	Male	City Of Salisbury AC & RC
Drake	Sam	Female	
Dreyer	Kathryn	Female	City Of Salisbury AC & RC
Driscoll	Neil	Male	Fareham Crusaders Running Club
Drummond	Robert	Male	Farnham Runners
Duck	Saul	Male	Winchester & District AC
Dudgeon	Andrew	Male	Hedge End Running Club
Duggal	Jesse	Male	Winchester & District AC
Dunn	Michael	Male	OS Runners
Dure	Marie	Female	
Dyble	Liz	Female	Westbourne R C
Dyble	Neil	Male	Westbourne R C
Dyson-Laurie	Shirley	Female	Winchester & District AC
Earls	Kathryn	Female	OS Runners
Easton	Sally	Female	Winchester & District AC
Eldridge	Mike	Male	
Elton-Smith	Samantha	Female	
Enright	Sonya	Male	
Evans	Colin	Male	
Farrington	Jonathan	Male	Hedge End Running Club
Finch	Helen	Female	
Fleming	Rob	Male	Liss Runners
Foley	Emily	Female	Holly Hill Runners
Foster	Jamie	Male	Itchen Spitfires Running Club
Fouch	Rebecca	Female	Totton RC
Fox	Amy	Female	Stubbington Green Runners
Frame	Sohini	Female	Totton RC
Franceschini	Daniele	Male	Eastleigh RC
Francombe	Joanne	Female	Westbourne R C
Franklin	Lynne	Female	Gosport Road Runners
Freeman	Penny	Female	Winchester & District AC
Freeman	Martyn	Male	
French	Jenny	Female	Alton Runners
Friedman-Brown	Danielle	Female	Solent Running Sisters
Friend	Liz	Female	Eastleigh RC
Fung	Carrie	Female	Eastleigh RC
Furlong	Michael	Male	Hedge End Running Club
Gale	Kevin	Male	Denmead Striders
Gardner	Suzanne	Female	Halterworth Harriers
Gaskell	David	Male	Winchester & District AC
Gaunt	Amy	Female	Denmead Striders
Gerlach	Rose	Female	Victory AC
Gilholm	Jo	Female	Victory AC
Gill	Zoe	Female	Victory AC
Gill	Matt	Male	Victory AC
Glass	Benjamen	Male	
Glendon	Neil	Male	Overton Harriers & AC
Goddard	David	Male	Vegan Runners UK
Goodwin	Gill	Female	Winchester & District AC
Goodwin	Steve	Male	Winchester & District AC

Goozee	Jack	Male	Stubbington Green Runners
Goozee	Rachel	Female	Stubbington Green Runners
Gordon	Mike	Male	Totton RC
Granell	Louise	Female	Farnham Runners
Gray	Claire	Female	
Green	Mel	Female	Totton RC
Green	Andy	Male	
Griffin	Louise	Female	Vegan Runners UK
Grove	James	Male	Hedge End Running Club
Grover	Marc	Male	
Groves	Cat	Female	
Grumbridge	Georgie	Female	Hedge End Running Club
Hamilton	Josh	Male	
Hammond	Paul	Male	Eastleigh RC
Hammond	Bethan	Female	Totton RC
Hankins	Marc	Male	City Of Salisbury AC & RC
Hardaway	Alistair	Male	Farnham Runners
Hargreaves	Mark	Male	City Of Portsmouth AC
Harper	Mike	Male	Vegan Runners UK
Harris	Brian	Male	Denmead Striders
Hartley	Andy	Male	Fareham Crusaders Running Club
Harvey	Darren	Male	
Harwood	Caroline	Female	Fareham Crusaders Running Club
Hassan	James	Male	City Of Salisbury AC & RC
Hassan	Jackie	Female	City Of Salisbury AC & RC
Hawxwell	Wendy	Female	Stubbington Green Runners
Hayward	Ian	Male	Portsmouth Joggers
Head	Michael	Male	Hedge End Running Club
Healy	Terry	Male	Victory AC
Hearnden	Simon	Male	Stubbington Green Runners
Heasman	Rob	Male	
Heath	Sara	Female	Victory AC
Helyer	Emma	Female	Fareham Crusaders Running Club
Hemsted	Nigel	Male	Romsey Road Runners
Henderson	Noreen	Female	New Forest Runners
Henderson	David	Male	OS Runners
Henderson	Fiona	Female	
Herman	Andy	Male	Itchen Spitfires Running Club
Hewson	Sandra	Female	Westbourne R C
Hibdige	Samantha	Female	City Of Salisbury AC & RC
Hillier-Wheal	Louise	Female	Solent Running Sisters
Hilton	Emma	Female	Lonely Goat RC
Hiscocks	Jeanette	Female	
Hitchins	Heather	Female	City Of Salisbury AC & RC
Hodge	Jane	Female	Hardley Runners
Hogbin	Bethann	Female	
Hollis	Keith	Male	Southampton Athletic Club
Holloway	Melvyn	Male	City Of Salisbury AC & RC
Holloway	Melvyn	Male	City Of Salisbury AC & RC
Holloway	Stuart	Male	City Of Salisbury AC & RC
Hollowbread	Finn	Male	

Hollowbread	Becky	Female	
Holmes	Sean	Male	Overton Harriers & AC
Holmes	Matthew	Male	Eastleigh RC
Holt	Paul	Male	City Of Salisbury AC & RC
Holt	Anita	Female	City Of Salisbury AC & RC
Horwood	Esther	Female	City Of Salisbury AC & RC
Houdoire	Tracey	Female	Isle Of Wight RR AC
Howarth	John	Male	
Hudson	Nick	Male	City Of Salisbury AC & RC
Hughes	Emlyn	Male	Fareham Crusaders Running Club
Hughes	James	Male	
Hull	Aidan	Male	Totton RC
Hull	Daniel	Male	Totton RC
Humphreys	Debbie	Female	Gosport Road Runners
Humphreys	Paul	Male	Gosport Road Runners
Humphries	Julie	Female	Alton Runners
Hurlo	Sophia	Female	Gosport Road Runners
Hutchinson	Christopher	Male	Totton RC
Ingram	Charlotte	Female	City Of Salisbury AC & RC
Ingram	Reece	Male	City Of Salisbury AC & RC
Ironmonger	Anthony	Male	
Irwin	Caroline	Female	Totton RC
Isherwood	Jonathan	Male	Fareham Crusaders Running Club
Jackson	Mark	Male	Halterworth Harriers
James	Sophie	Female	Totton RC
James	Chris	Male	Victory AC
James	Matt	Male	Hedge End Running Club
Jarvis	Rachel	Female	Victory AC
Jeffery	Ruth	Female	OS Runners
Jenkinson	Hazel	Female	Victory AC
Jennings	Paul	Male	
Johns	David	Male	Portsmouth Joggers
Johnson	Ruth	Female	Netley Abbey Runners
Johnston	Jamie	Male	
Jolley	Emma	Female	City Of Portsmouth AC
Jones	Robert	Male	Hedge End Running Club
Jones	Amanda	Female	Totton RC
Jones	Dean	Male	
Jones	Roger	Male	Denmead Striders
Jones	Emily	Female	
Joy	Simon	Male	Ryde Harriers
Juliff	Gareth	Male	Overton Harriers & AC
Jurd	Mike	Male	Wimborne AC
Kaines	Alison	Female	Totton RC
Kane	Jonathan	Male	Winchester & District AC
Kane	John	Male	Andover AC
Keates	David	Male	
Kelly	Rob	Male	
Kemm	Janine	Female	City Of Salisbury AC & RC
Kemm	Janine	Female	City Of Salisbury AC & RC
Kemp	Lucy	Female	Hedge End Running Club

Kennard	Dorothea	Female	Totton RC
Kershaw	Jonathan	Male	City Of Salisbury AC & RC
Keyte	Bridget	Female	Isle Of Wight RR AC
Keyte	Abigail	Female	Isle Of Wight RR AC
Kidby	John	Male	Fareham Crusaders Running Club
Kidby	Lois	Female	
Kinnear	Cathy	Female	Winchester & District AC
Kockott	Adam	Male	
Koponen	Laura	Female	
Lake	Tamara	Female	Liss Runners
Lakeland	Kierran	Male	Hedge End Running Club
Langley	Robert	Male	Portsmouth Joggers
Langley	Jonny	Male	Portsmouth Joggers
Larcombe	Richard	Male	City Of Salisbury AC & RC
Latham	Dan	Male	Hardley Runners
Latham	Daniel	Male	Hardley Runners
Lathwell	James	Male	Hedge End Running Club
Lavington	David	Male	Eastleigh RC
Law	Richard	Male	Gosport Road Runners
Lawless	William	Male	Itchen Spitfires Running Club
Lawless	Hannah	Female	Itchen Spitfires Running Club
Lea	Laura	Female	
Leach	Tim	Male	
Lee	Nigel	Male	Hedge End Running Club
Lee	Jessica	Female	Hedge End Running Club
Lee	James	Male	Fareham Crusaders Running Club
Lee	Stephen	Male	Ryde Harriers
Leeming	Heather	Female	Itchen Spitfires Running Club
Leeming	Paul	Male	Itchen Spitfires Running Club
Lees	Simon	Male	Totton RC
Lees	Phiona	Female	
Lees	Mick	Male	
Lees	Tony	Male	Totton RC
Leighton-Goodall	Alexandra	Female	Fareham Crusaders Running Club
Leonard	John	Male	Hart Road Runners
Levy	Stuart	Male	
Lewis	Shona	Female	Netley Abbey Runners
Lewis	Andrew	Male	Southampton Athletic Club
Lewis	Chris	Male	Netley Abbey Runners
Light	Fran	Female	Alton Runners
Light	Claire	Female	Stubbington Green Runners
Liskutin	Marek	Male	Fareham Crusaders Running Club
Little	Elizabeth	Female	
Llewellyn	Gavin	Male	Gosport Road Runners
Lloyd	Julie	Female	
Locks	Lesley	Female	Hart Road Runners
Lockwood	Rebecca	Female	City Of Salisbury AC & RC
Long	Tracy	Female	Victory AC
Lovesey	Matt	Male	Lordshill Road Runners
Lovesey	Louise	Female	Lordshill Road Runners
Lydford	Gail	Female	New Forest Runners

Macbeth	Kirsty	Female	Totton RC
Mackay	Richard	Male	Stubbington Green Runners
Macnab	Robbie	Male	Hedge End Running Club
Madill	Matthew	Male	Denmead Striders
Maiden	Krista	Female	
Main	Bridget	Female	Victory AC
Makin	Andrew	Male	City Of Salisbury AC & RC
Malik	Alexander	Male	Vegan Runners UK
Manley	Jerry	Male	
Manning	Julian	Male	Denmead Striders
Manton	Cliff	Male	Hedge End Running Club
Maple	Vanessa	Female	City Of Salisbury AC & RC
Maple	Chris	Male	City Of Salisbury AC & RC
Marinelli	Giorgio	Male	Isle Of Wight RR AC
Marks	Jo	Female	City Of Salisbury AC & RC
Marritt	Ian	Male	Eastleigh RC
Marshall	Keith	Male	Farnham Runners
Martin	Colin	Male	City Of Salisbury AC & RC
Martin	Sarah	Female	Hedge End Running Club
Martin	Neil	Male	Overton Harriers & AC
Martin	Graham	Male	Stubbington Green Runners
Martin	Simon	Male	Fareham Crusaders Running Club
May	Lucy	Female	Stubbington Green Runners
Maylott	Ann	Female	
Mcalister	Trevor	Male	Ryde Harriers
Mcauley	Alan	Male	
Mcbride	Sarah	Female	Bad Boys Running Club
Mcbride	Phil	Male	Sweatshop Southampton
Mccawley	Gary	Male	Denmead Striders
Mcclure	Gillam	Male	
Mcgilvray	Derek	Male	Andover AC
Mckellar	Archie	Male	Andover AC
Mckenzie	John	Male	Hedge End Running Club
Mcmahon	Jaymie	Female	Vegan Runners UK
Mcmanus	Colin	Male	Winchester & District AC
Mcvittie	Alan	Male	Denmead Striders
Meades-Woolley	Ellis	Male	Meon Valley Runners
Medcalf	Glenn	Male	Itchen Spitfires Running Club
Medcalf	Carol	Female	Itchen Spitfires Running Club
Melville	Branwen	Female	
Melville	Richard	Male	Ryde Harriers
Miles	Amanda	Female	Totton RC
Miles	Marilyn	Male	Eastleigh RC
Miller	Will	Male	Hedge End Running Club
Millican	Maria	Female	Stubbington Green Runners
Mills	James	Male	City Of Salisbury AC & RC
Milner	Kelly	Female	Hedge End Running Club
Milner	Lisa	Female	City Of Salisbury AC & RC
Milsted	Natalie	Female	City Of Salisbury AC & RC
Mitchell	Lance	Male	Royal Engineers RC
Mitchell	Steven	Male	City Of Salisbury AC & RC

Mitchell	Sarah	Female	Halterworth Harriers
Mitchell	Steven	Male	City Of Salisbury AC & RC
Mitchinson	Paul	Male	Victory AC
Mollon	John	Male	Westbourne R C
Moodley	Vasen	Male	City Of Salisbury AC & RC
Moore	James	Male	Winchester & District AC
Morby	Karen	Female	Gosport Road Runners
Morey	Alistair	Male	Alton Runners
Morgan	Amie	Female	Stubbington Green Runners
Morgan	Phil	Male	Stubbington Green Runners
Morrell	Tonia	Female	Gosport Road Runners
Morris	Clare	Female	Solent Running Sisters
Morrish	Bryan	Male	
Moseley	Richard	Male	Hedge End Running Club
Mostran	Anthony	Male	Totton RC
Motyer	Sian	Female	
Muddle	Paul	Male	Hedge End Running Club
Murphy	Melenie	Female	City Of Salisbury AC & RC
Newman	Baz	Male	OS Runners
Newman	Samuel	Male	
Newman	Graham	Male	City Of Salisbury AC & RC
Nicholson	Pauline	Female	Hedge End Running Club
Nightingale	David	Male	Totton RC
Norman	Anne	Female	City Of Salisbury AC & RC
Northcott	Sarah	Female	Stubbington Green Runners
Norton	Annette	Female	
O'grady	Sean	Male	Eastleigh RC
O'leary	Kevin	Male	City Of Salisbury AC & RC
Oliver	Michael	Male	
O'Neill	Jeanette	Female	
Orchard	Lucy	Female	City Of Salisbury AC & RC
Ordish	Ian	Male	Hardley Runners
Page	Phil	Male	Stubbington Green Runners
Painter	Julia	Female	
Painter	Ian	Male	
Painter	Ian	Male	
Painter	Julia	Female	OS Runners
Parker	John	Male	
Parker	Jeanette	Female	Halterworth Harriers
Parks	Jenny	Female	Denmead Striders
Parvin	Alan	Male	
Passingham	Leonard	Male	Overton Harriers & AC
Patrick	Jennifer	Female	
Pay	Cliff	Male	Liss Runners
Pearce	Michael	Male	Alton Runners
Pearson	Rebecca	Female	
Peckover	Lisa-Marie	Female	Denmead Striders
Penfold	Henry	Male	Hedge End Running Club
Perry	Phil	Male	City Of Salisbury AC & RC
Perry	Susy	Female	Winchester & District AC
Pestell	Stephen	Male	

Peterson	David	Male	Eastleigh RC
Phaure	Lisa	Female	City Of Salisbury AC & RC
Piatek	Natalia	Female	
Pierce	Ian	Male	Hedge End Running Club
Piggott	Karen	Female	
Pillinger	Matt	Male	OS Runners
Pirie	Beth	Female	Victory AC
Pitcaithley	Lisa	Female	
Pithers	Sarah	Female	Overton Harriers & AC
Place	Rose	Female	
Pocock	Mark	Male	Vegan Runners UK
Poulter	Dale	Male	Gosport Road Runners
Powell	Daniel	Male	Hardley Runners
Price	Tracey	Female	Westbourne R C
Prinsep	Elizabeth	Female	
Prinsep	Alex	Male	Romsey Road Runners
Prior	Jessica	Female	Netley Abbey Runners
Probett	Jane	Female	Farnham Runners
Probett	Damian	Male	Farnham Runners
Prophett	Phillip	Male	Fareham Crusaders Running Club
Puttock	Tracy	Female	Hedge End Running Club
Rackett	Matthew	Male	
Randall-Coles	Kate	Female	Eastleigh RC
Randell	Tony	Male	
Rann	Kevin	Male	Isle Of Wight RR AC
Ransom	Lee	Male	Romsey Road Runners
Rawle	Suzanne	Female	City Of Salisbury AC & RC
Raymond	Kev	Male	Denmead Striders
Rayner	Henrietta	Female	
Reader	Honor	Female	Gosport Road Runners
Reid	Sarah	Male	Winchester & District AC
Reid	Sarah	Female	Winchester & District AC
Reilly	Trisha	Female	New Forest Runners
Reilly	Trisha	Female	New Forest Runners
Renyard	Malcolm	Male	Hardley Runners
Reynolds	Karen	Female	Eastleigh RC
Rhodes	Andrew	Male	Blackwater Valley Runners
Robbins	Jeremy	Male	Netley Abbey Runners
Robert	Brian	Male	Fareham Crusaders Running Club
Roberts	Rebecca	Female	Eastleigh RC
Robertson	Stuart	Male	City Of Salisbury AC & RC
Robson	Linda	Female	City Of Salisbury AC & RC
Rogers	Martyn	Male	
Routledge	Charlotte	Female	City Of Salisbury AC & RC
Rowe	Kevin	Male	Hedge End Running Club
Rowe	Lucy	Female	
Ruddy	Adam	Male	Itchen Spitfires Running Club
Rudkin	Amanda	Female	Victory AC
Russhard	Gemma	Female	
Ruth	Keith	Male	Ryde Harriers
Sales	Anne	Female	

Salisbury	Matt	Male	
Sampson	Dawn	Female	
Sangha	Raman	Female	Victory AC
Sansome	Anne	Female	
Saunby	Benedict	Male	City Of Salisbury AC & RC
Sawyer	Kerryanne	Female	Gosport Road Runners
Saxon	Colin	Male	Eastleigh RC
Scott	Alison	Female	City Of Salisbury AC & RC
Scrase	Jane	Female	Alton Runners
Scrase	Philip	Male	Alton Runners
Seager	Catherine	Female	Liss Runners
Senior	Bob	Male	Blackwater Valley Runners
Shackell	Emma	Female	Eastleigh RC
Sharman	Charlotte	Female	Winchester & District AC
Sharp	Sarah	Female	Isle Of Wight RR AC
Sharp	Garry	Male	Isle Of Wight RR AC
Shaw	Cliff	Male	Stubbington Green Runners
Shaw	Janet	Female	Stubbington Green Runners
Shawyer	Daniel	Male	Denmead Striders
Shaylor	Naomi	Female	Alton Runners
Sheill	Leanne	Female	Hedge End Running Club
Shepperd	Tracey	Female	Hedge End Running Club
Sherfield	Matt	Male	City Of Salisbury AC & RC
Shergold	Emma	Female	Hedge End Running Club
Sherman-Nias	Lauren	Female	
Shilling	Jenny	Female	Gosport Road Runners
Shone	Marie	Female	City Of Salisbury AC & RC
Short	Mary	Female	Victory AC
Silver	Philip	Male	Fareham Crusaders Running Club
Skeats	Nikki	Female	
Skinner	Jo	Female	
Skinner	Ray	Male	
Skinner	Ben	Male	Meon Valley Runners
Slayford	Clive	Male	
Slayford	Holly	Female	
Slight	Lisa	Female	Victory AC
Sloan	Louise	Female	City Of Salisbury AC & RC
Small	Lisa	Female	Hedge End Running Club
Smalley	Amy	Female	
Smart	Paul	Male	Victory AC
Smart	Jeff	Male	Alton Runners
Smith	Mike	Male	Hardley Runners
Smith	Julian	Male	New Forest Runners
Smith	Rebecca	Female	Itchen Spitfires Running Club
Smith	Emma	Female	City Of Salisbury AC & RC
Smith	Patrick	Male	Reading Roadrunners
Smurthwaite	Pete	Male	Fareham Crusaders Running Club
Snelling	Paul	Male	Fareham Crusaders Running Club
Snelson	Anne	Female	Farnham Runners
Snelson	Anne	Female	Farnham Runners
Soane	Glenn	Male	Fareham Crusaders Running Club

Sparks	Maria	Female	Hedge End Running Club
Sparshott	Chris	Male	Gosport Road Runners
Spencer	Claire	Female	Overton Harriers & AC
Spencer	Sam	Female	
Spencer	Robert	Male	Stubbington Green Runners
Spooner	Paul	Male	Victory AC
Stafford	Gary	Male	
Stafford	Reece	Male	
Stanhope	Jane-Catherine	Female	
Stark	Becky	Female	Hedge End Running Club
Steed	Toni	Female	
Stevens	Simon	Male	Winchester & District AC
Steward	Liz	Female	Denmead Striders
Stockley	Martin	Male	Eastleigh RC
Stoodley	Emily	Female	Totton RC
Suddaby	Mark	Male	
Surtees	Michelle	Female	Hedge End Running Club
Swatton	Adam	Male	Portsmouth Joggers
Sweeten	Sarah	Female	
Syrett	Lee	Male	City Of Salisbury AC & RC
Tallack	Claire	Female	Gosport Road Runners
Tatem	Donna	Female	Gosport Road Runners
Tavner	Leah	Female	Itchen Spitfires Running Club
Taylor	Richard	Male	Alton Runners
Taylor	Linda	Female	Denmead Striders
Taylor	Sara	Female	Itchen Spitfires Running Club
Taylor	Jon	Male	Vegan Runners UK
Taylor	Nicki	Female	
Thom	Ruth	Female	City Of Salisbury AC & RC
Thomas	Victoria	Female	City Of Salisbury AC & RC
Thompson	Robert	Male	Hedge End Running Club
Thorne	Andy	Male	Netley Abbey Runners
Thorne	Andrea	Female	
Thorne	Nick	Male	
Thorpe	David	Male	Stubbington Green Runners
Tierney	Hayley	Female	
Titcombe	Jackie	Female	Netley Abbey Runners
Tomlinson	Fiona	Female	Gosport Road Runners
Topliss	Brenda	Female	Romsey Road Runners
Torrens	Lee	Male	Gosport Road Runners
Toye	Ben	Male	Gosport Road Runners
Trendell	Robson	Male	Hedge End Running Club
Trowbridge	Kevin	Male	Westbourne RC
Trueman	Lee	Male	Totton RC
Turley	John	Male	City Of Salisbury AC & RC
Tyler	Linda	Female	Farnham Runners
Udall	Lauren	Female	Hedge End Running Club
Underwood	Mark	Male	Overton Harriers & AC
Van Nueten	Monique	Female	Overton Harriers & AC
Vanderplank	Ann-Marie	Female	Totton RC
Vincent	Barry	Male	City Of Salisbury AC & RC

Viveiros	Pedro	Male	Itchen Spitfires Running Club
Von Roretz	Denise	Female	City Of Salisbury AC & RC
Wakatsuki	Mai	Female	Totton RC
Waldron	Richard	Male	Southampton Athletic Club
Wales	Ben	Male	Gosport Road Runners
Wales	Tracey	Female	Gosport Road Runners
Walker	Andrew	Male	Itchen Spitfires Running Club
Walker	Victoria	Female	Vegan Runners UK
Wallis	Eddie	Male	
Warburton	Patrick	Male	Winchester & District AC
Ward	Danielle	Female	Hedge End Running Club
Ward	Carolyn	Female	Ryde Harriers
Ward	Katie	Female	
Ward	Sylwia	Female	Stubbington Green Runners
Warner	Amanda	Female	
Warner	Simon	Male	
Warrior	Clariece	Female	
Watson	David	Male	Winchester & District AC
Watson	Jessica	Female	Vegan Runners UK
Watson	Keith	Male	
Wayman	Chris	Male	
Wayman	Olivia	Female	
Weatherburn	Craig	Male	City Of Salisbury AC & RC
Webber	Mike	Male	Andover AC
Weber	Norbert	Male	City Of Salisbury AC & RC
Webster	Penny	Female	Blackwater Valley Runners
Weir	Justine	Female	
Welland	Mick	Male	Stubbington Green Runners
Wells	David	Male	Totton RC
Wells	Bridget	Female	
West	Gemma	Female	Fareham Crusaders Running Club
West	Gemma	Female	Fareham Crusaders Running Club
West	Martyn	Male	Winchester & District AC
Westbrook	Mark	Male	Stubbington Green Runners
Wheeler	Mark	Male	
White	Mike	Male	City Of Salisbury AC & RC
White	Stuart	Male	Itchen Spitfires Running Club
White	Lizzy	Female	Totton RC
White	James	Male	Eastleigh RC
White	Neil	Male	Totton RC
White	John	Male	Totton RC
Whitehead	Steve	Male	Hedge End Running Club
Whiteley	Jane	Female	City Of Salisbury AC & RC
Whiting	Alexander	Male	Winchester & District AC
Wickham	Harvey	Male	Farnham Runners
Wilkes	Ross	Male	Isle Of Wight RR AC
Williams	Huw	Male	Victory AC
Williams	Alana	Female	Itchen Spitfires Running Club
Williams	Richard	Male	City Of Salisbury AC & RC
Williams	Neil	Male	Denmead Striders
Williams	Jen	Female	

Williams	Andy	Male	
Willis	Anthony	Female	Eastleigh RC
Willmers	Erin	Female	Winchester & District AC
Wilson	Rob	Male	Denmead Striders
Wilson	Jenny	Female	Overton Harriers & AC
Wilson	Dave	Male	Hardley Runners
Wilson	Chris	Male	Liss Runners
Winbourne	Jordan	Male	Hedge End Running Club
Winbourne	Chris	Male	Hedge End Running Club
Wing	Charlotte	Female	Vegan Runners UK
Wiseman	Philip	Male	
Withers	Tim	Male	Lordshill Road Runners
Witt	Will	Male	City Of Salisbury AC & RC
Wood	Derek	Male	City Of Salisbury AC & RC
Wood	Steven	Male	Hedge End Running Club
Woolaston	Abigail	Female	Andover AC
Wooldridge	Steven	Male	Portsmouth Joggers
Wolf	Chloe	Female	Lymington Triathlon Club
Woolven	Keith	Male	Fareham Crusaders Running Club
Wright	Brian	Male	Fareham Crusaders Running Club
Young	Hayden	Male	