



LRR MEMBERSHIP APPLICATION FORM

Memberships are valid until 31st December. Renewal is invited during December for the following year; all renewals are due by 31st January. The membership fee is £15.

It is essential that you complete this form when applying for membership to ensure that the club records are up to date and that we comply with the England Athletics rulings. The England Athletics fee of £5 is included within this membership fee. You should expect to receive a membership card directly from them shortly after 1st of April. You will also receive a LRR membership card. You cannot run races representing LRR until you have paid the membership fee. Your details will be passed onto England Athletics for the purposes of affiliation.

Name: Mr / Mrs/ Miss/ Ms	
Address (include post code)	
Telephone	Email address
Date of birth (<i>min age 17 attained</i>) / /	
Ethnicity*	Disability status*
Are you a Qualified First Aider? Yes / No	If yes , when does your qualification expire? _____

* optional information requested by England Athletics

LRR Kit If you would like to run for the club you will need either a club vest or T shirt. To order these and/or a hoodie, please circle the item(s) and size(s) you would like.

Vest £12	T shirt (short-sleeved) £14	T shirt (long-sleeved) £15	Hoodie (pullover) £14	Hoodie (zip-up) £15
34", 36", 38" 40", 42", 44", 46"	Small, Medium, Large	Small, Medium, Large	Small, Med., Large	Small, Med., Large

Payment We can accept cash, cheques payable to Lordshill Road Runners or BACS payments to:

Bank: HSBC **Account Name:** Lordshill Road Runners **Account Number:** 41186906 **Sort Code:** 40-42-21

Please indicate how you would like to pay: **Cash / Cheque / BACS** and send this completed form to:

Lynda Cox, Membership Secretary, Lordshill Road Runners, 49 Evelyn Crescent, Shirley, Southampton, SO15 5JF

I declare that I am medically fit, that I intend to run entirely at my own risk and I confirm that LRR shall not be liable for any accident, injury, loss or damage as a consequence of my participation as a club member. I declare that I am an amateur according to the UK Athletics rules. I accept that my contact details will be available to other club members and that my photograph may appear in LRR-related websites (incl. the LRR Facebook page).

Signed _____

Date _____