



**LORDSHILL
ROAD RUNNERS**

SOUTHAMPTON'S FRIENDLIEST RUNNING CLUB

MEMBERSHIP RENEWAL FORM

Please complete this form and forward it with your payment of £15.00 (cheques made payable to Lordshill Road Runners) to Lynda Cox, 49 Evelyn Crescent, Shirley, Southampton, SO15 5JF.

We can accept BACS payments direct into the Lordshill Road Runners bank account:

Bank: HSBC
Account Name : Lordshill Road Runners
Account Number : 4118 6906
Sort Code: 40-42-21

Your membership will be valid until 31st December. At that time you will be asked to renew your membership for a further year; all renewals are due by 31st January. If you do not wish to renew your membership, please let the membership secretary know.

It is essential that you complete this form when renewing to ensure that the club records are up to date and that we comply with the England Athletics rulings. The England Athletics fee of £5 is included within this renewal fee. You should expect to receive a membership card directly from them shortly after 1st of April. If you would like a membership card directly from Lordshill Road Runners, please request this from the membership secretary. You cannot run races representing Lordshill Road Runners until you have paid the renewal fee. Your details will not be passed onto any other organisation.

Name: Mr/Mrs/Miss/Ms

Address

Post Code

Telephone (landline)

(mobile)

Email address

Date of birth

Method of Payment: Cash/Cheque/BACS

I declare that I am medically fit, that I intend to run entirely at my own risk and I confirm that Lordshill Road Runners shall not be liable for any accident, injury loss or damage as a consequence of my participation as a club member. I declare that I am an amateur according to the UK Athletics rules. I accept that my contact details will be available to other club members.

Signed _____ Date _____